

PANCHAKOTesSAYS

a multi-disciplinary, refereed, international journal

Print ISSN : 0976-4968

Vol. - 13, No. - 2

Winter Issue

November 2022

EDITOR-IN-CHIEF

Dr. Saptarshi Chakraborty

Principal
Panchakot Mahavidyalaya

Jt. EDITORS

Dr. Joydev Panda

Asst. Prof. in Sanskrit
Panchakot Mahavidyalaya

Dr. Jayanta Das

Asst. Prof. in Physics
Panchakot Mahavidyalaya

PUBLISHED BY

Panchakot Mahavidyalaya

Sarbari, Neturia, Purulia
West Bengal, India - 723121
www.panchakotmv.ac.in

EDITORIAL BOARD

- Dr. Rangan Gupta, Prof. of Economics, University of Pretoria, South Africa
Dr. Dhritiman Samanta, Asst. Prof., Microbiology & Immunology, Midwestern University, Glendale, AZ
Dr. Saikat Hossain, Asst. Prof. of Chemistry, Tokyo University of Science, Kagurazaka Campus, Japan
Dr. Anis Biswas, Scientist-I, Materials Sciences and Engineering Dept., Ames Laboratory, Iowa, USA
Dr. Sunita Sinha, Prof. of English, Women's College Samastipur, L.N.Mithila University, Bihar
Dr. Shafique Ahmed, Prof. of Sociology, Jamia Millia Islamia University, Delhi
Dr. Subir Kumar Sen, Asso. Prof. of Commerce, Tripura University, Suryamaninagar, Tripura
Dr. Sujoy Chatterjee, Asst. Prof. of Informatics, School of Computer Science, UPES, Uttarakhand
Dr. Mayukh Majumder, Asst. Prof. of Physics, Shiv Nadar University, Noida, Uttar Pradesh
Dr. Sanjoy Kumar Mahatha, Asst. Prof. of Physics, TIET, Patiala, Panjab
Dr. Narugopal Dey, Prof. of Bengali, Sidho-Kanho-Birsha University, Purulia, WB
Dr. Debasis Sur, Prof. of Commerce, University of Burdwan, Purba Bardhaman, WB
Dr. Pradipta Banerjee, Prof. of Commerce, Sidho-Kanho-Birsha University, Purulia, WB
Dr. Sanat Kumar Mahato, Prof. of Mathematics, Sidho-Kanho-Birsha University, Purulia, WB
Dr. Birbal Saha, Prof. of Education, Sidho-Kanho-Birsha University, Purulia, WB
Dr. Indira Chatterjee, Prof. of Sanskrit, Rabindra Bharati University, WB
Dr. Dipayan Pattanayak, Prof. of Philosophy, Jadavpur University, Kolkata, WB
Dr. Ramesh Chandra Das, Prof. of Economics, Vidyasagar University, Midnapore, WB
Dr. Amitava Chatterjee, Prof. Dept. of History, Kazi Nazrul University, Asansol, WB
Dr. Surjyo Jyoti Biswas, Prof. of Zoology, Sidho-Kanho-Birsha University, Purulia, WB
Dr. Srinibas Nandi, Assoc. Prof., Dept. Of Economics, Raghunathpur College, Purulia, WB
Dr. Tajuddin Ahmed, Assoc. Prof. of English, Aliah University, Kolkata, WB
Dr. Sachchidananda Roy, Assoc. Prof. of Political Science, Bankura Christian College
Dr. Prasanta Mallick, Assoc. Prof., Dept. of Botany, Vivekananda Mahavidyalaya, Burdwan, WB
Dr. Krishanu Chatterjee, Assoc. Prof. of Physics, Techno India University, WB
Dr. Rishi Kumar, Assoc. Prof. of Hindi, Rabindra Bharati University, Kolkata, WB
Dr. Chandan Bandyopadhyay, Assoc. Prof. of Economics, Asansol Girls College, Asansol, WB
Dr. Arun Kumar Das, Assoc. Prof. of Mathematics, Prabhat Kumar College, Contai, WB
Dr. Soumen Mallik, Asst. Prof. of Library and Information Science, Vidyasagar University, WB
Dr. Sunanda Das, Asst. Prof. of Philosophy, University of Calcutta, Kolkata, WB
Dr. Palash Mondal, Asst. Prof. of Entomology, Dept. of Agril. Entomology, Visva-Bharati University, WB
Dr. Fatik Murmu, Asst. Prof. of Santali, Bankura University, Bankura, WB
Dr. Lalit Kumar Joshi, Asst. Prof. of Commerce, Kazi Nazrul University, Asansol, WB

Price: Rs. 600.00 (Postal charges extra)

Copyright © : Panchakot Mahavidyalaya

Papers in this Journal, submitted voluntarily by the authors/writers, do not necessarily reflect the views or policies of Panchakot Mahavidyalaya or of its editors and publisher. All material is protected by copyright and cannot be used in any manner without the permission of the respective authors/writers, editor and authorities of Panchakot Mahavidyalaya.

Contents

PANCHAKOTesSAYS
ISSN : 0976-4968
Vol-13, No.-2, Nov 2022

<u>Sl.</u>	<u>Title & Author</u>	<u>Page</u>
1.	Walking: A Good Cardio Exercise - <i>Dr. Biplab Mondal, Saumitra Karmakar, Anirpan Roy</i>	1
2.	Gender and Environment - <i>Dr. Moumita Datta</i>	8
3.	Cyber Security and Human Rights - <i>Dr. Chandan Bandyopadhyay</i>	11
4.	Relationship between outcome of election results (both the loksabha election of 2019 & bidhan shabha elections of 2016 & 2021) with factors of political social movement "save hill movement" at Barrah Gram Panchayat region, Kashipur block, Purulia - <i>Ritabrata Mukhopadhyay</i>	17
5.	Empathy-A great skill - <i>Saumitra Karmakar, Dr. Biplab Mondal, Anirpan Roy</i>	38
6.	Open Access: The Future Road for Dissemination of Scholarly Content - <i>Chinmoy Nandy</i>	45
7.	Dropout Scenario in West Bengal: Analytical Views with Special Reference to its Causes - <i>Aparajita Nandi</i>	50
8.	প্রাচীন ও মধ্যযুগের বাংলা সাহিত্যে দলিত কথা - <i>ড. সঞ্জয় পাল</i>	59
9.	The position of married women in society, according to Simon de Beauvoir - <i>Rakhi Chowdhury</i>	64
10.	Review on Direct Asymmetric Aldol Addition Reaction Catalyzed by Strong Chiral Brønsted Acids - <i>Dr. Joydeb Das</i>	69
11.	Menace of Plagiarism in Higher Education System: A Critical Study - <i>Priyanko Sen & Anupam Ghosh</i>	78
12.	উন্নয়নের সন্ধানে: নারী শক্তি ও বিবেকানন্দ - <i>তীর্থ মণ্ডল</i>	88
13.	A Comparative Analysis of Altmetrics Score and Citation: A case study from Physics - <i>Dyuti Samanta & Dr. Bidyarthi Dutta</i>	94
14.	ଓଡ଼ିଆ - <i>Hiralal Kisku</i>	108